

	<p>Name: Dr. Arpit Kumar Dubey</p> <p>Designation: Assistant Professor (Sanskrit),</p> <p>Additional Charge: Faculty In-charge of Department of Yoga Philosophy Course Coordinator -M.Sc. Yoga In-charge institutional affiliated courses with GGSIP University, Delhi</p> <p>Department: Language Department</p> <p>Office contact: Ph: 011-23721472(Extn.119) (Mob. No. 9958206731)</p> <p>Email id: arpitkumarprince@gmail.com, asstprof-sans@yogamdniy.nic.in</p>
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Academic Records (For Teaching only)

<p>1. Qualification:</p>	<ul style="list-style-type: none"> • Ph.D. (Sanskrit), University of Delhi, Delhi • NET-JRF (Sanskrit), UGC • M.A.(Sanskrit), JNU, NEW Delhi • P.G. Diploma in Yoga, Dr. HSG Sagar University, Sagar M.P. • Shastri (B.A.) (Sanskrit Grammar), Rashtriya Sanskrit Sansthan, Delhi • Diploma in Computer Applications. MCU, Bhopal, M. P.
<p>2. Area of Interest/Specialization:</p>	<ul style="list-style-type: none"> • Sanskrit Language, Yoga Philosophy & Practices, Indian Philosophy and Indian (Positive) Psychology etc.
<p>3. Experience:</p>	<ul style="list-style-type: none"> • Assistant Professor (Regular) 15-12-2017 onwards at MDNIY, New Delhi • Assistant Professor (on contract) Feb-2016 to Dec-2017 at MDNIY, New Delhi • Assistant Professor (Guest Faculty) Nov-2012 to January -2016 at MDNIY, New Delhi
<p>4. Achievements:</p>	<ul style="list-style-type: none"> • Major Contribution to institute: Played a key role (under the guidance of Director, MDNIY, New Delhi) to introduce the M.Sc. Yoga and P.G. Diploma in Yoga Therapy for Medicos and Para medicos in MDNIY, New Delhi. • Major Contribution in the field of Yoga: Introduce Text based learning of Yogic texts instead of Topic based learning of Yogic texts. <p><u>Member of Board of Studies</u></p> <ul style="list-style-type: none"> • Yoga Department, Dr. B.R. Ambedkar University of Social Sciences BRAUSS, Dr. Ambedkar Nagar, Madhya Pradesh 453441 • Yoga Department, Swami Rama Himalayan University (SRHU) Jolly Grant, Doiwala, Dehradun, Uttarakhand 248016 • Vedic Sciences, MIT ADT University, Pune <p><u>Member of UGC committee for Yoga education</u></p> <ul style="list-style-type: none"> • Co-opted member of Expert Committee to formulate model curriculum for Yoga programmes in ODL mode at undergraduate level
<p>5. Honours & Awards:</p>	<ul style="list-style-type: none"> • Shalaka award in Sanskrit Grammar • Best teacher award for academic session 2020-21 in MDNIY, New Delhi

6. Publications & Books:			
	Book		
	Title	Book Name/Year/Volume Page No	ISBN NO.
	The Yoga of the Bhagavadgita	2022, DK Printworld, Delhi	978-81-246-1166-1
	Pratah Smarana (Co- Author)	2020,MDNIY, New Delhi	978-81-947026-1-0
	Research Papers in Journals		
	Research paper title	Journal name/Year/Volume Page No	ISSN NO
	Effect of Pranayama as per Trishikhbrahmana Upanishad on Sleep Quality in Adults: An Experimental Study	Indian Journal of Physical Therapy and Research Vol. 5, No. 1, Jan-Jun 2023.	2666-3481
	mokṣa kī bhāratīya darśana me sarva-svīkāryatā	ārṣa-jyoti 2022/2 Page no 72-76	2278-0912
	"hetu iti kārakasaptakam"	viśva-saṃskṛtam /2016/2 Page no. 99-106	0975-4474
	kārika(sādhana) kā dārśanika viśleṣaṇa	saṃskṛta-mañjarī /2016/3 Page no. 78-86	2278-8360
	"sādhakatamaṃ karaṇam" sūtra meṃ tamap grahaṇa prayojana vimarśa	śabdārṇava /2016/3/1 Page no. 28-31	2395-5104
	gatyādisūtrastha 'akarmaka' pada viśleṣaṇa	lalitā kavi-bhāratī /2015 Page no. 35-44	0975-6256
	'kārike' sūtra-vimarśa	vidyā vimarśa /2015/2 Page no. 29-38	2348-1668
	prayojyakartā kī svatantratā	vidyā vimarśa /2015/2/3 Page no. 1-6	2348-1668
	Conference proceedings		
	Research paper title	Conference proceeding name/Year/Volume Page No	ISBN NO.
	"kārikatattvam"	vāgullāsaḥ /2014/1 Page no. 55-69	978-93-80651-78-1
	<i>The Essence of Bhagavadgita: Bhaktiyoga (Shri Ramanujacharya)</i>	Philosophy of Vaiṣṇava Vedānta: Culture,	978-93-100-0084-9

	Legacy and Traditions/2022/ Page no 859-866	
Chapters in Book		
Chapter Title	Book Name/Year/Volume Page No	ISBN NO.
Asana: samanya paricaya,	Yoga Darshna evam kriyayoga /2022 70-103	978939577474 1
Suryanamaskar evam nadishodhana pranayama	Yoga Darshna evam kriyayoga/ 2022 104-124	978939577474 1
agnipurāṇa : vyākaraṇaśāstra	bhāratīya jñāna-paramparā : agnipurāṇa /2013 Page no. 233-251	978-93-82424-08-6

7. Conferences & Seminars:

Organized

- Conducted four Crash Courses (one month duration) on Sanskrit Language and Bhagavad-Gita Chanting. May, June, July 2016 and 2017.
- Conducted a two days' workshop on "The *Structure and Implication of Ashtadhyayi* at Lady Sriram college for women, Delhi University Delhi.
- Conducted (as a resource person and coordinator) a five days National Workshop on the Yoga of the Bhagavadgita at MDNIY, New Delhi 21-25, December 2020.
- Organized as a coordinator a National Workshop on Yogavashishtha at MDNIY, New Delhi. 27-29 feb, 2020.
- Organized as a coordinator a National Webinar on the Yoga of the Bhagavad-Gita at MDNIY, New Delhi. 25 Dec. 2020.
- Organized as a coordinator a National conference on the Bhagavad-Gita at MDNIY, New Delhi. 14th Dec. 2021.
- Organized as a coordinator a National Workshop on Yogasutra at MDNIY, New Delhi. 14th -16th October. 2022.
- Organized as a member of organizing committee a National Workshop on Yogasutra at MDNIY, New Delhi. 3th -8th October. 2023.

Attended

- Presented Research Paper titled "*The Essence of Bhagavadgita: Bhaktiyoga (Shri Ramanujacharya)*" at "International conference on "Philosophy of Vaiṣṇava vedānta: Culture, Legacy and Traditions" on 26th-27th of August, 2023, at Jawaharlal Nehru University (JNU), New Delhi -67
- Presented Research Paper titled "śrīmadbhagavadgītā kā bhāratīya svatantratā

āndolana me utpreraka yogadāna ” in National Conference on Role of Yogis in Indian independence Movement on 27-28, February 2023 organized by Department of Yogic Science, Gurukul Kangri (Deemed University), Haridwar

- Presented Research Paper titled “*The essence of Bhagavadgita: Karmayoga for Humanity*” in 7th International Gita Seminar held from 29th November-1st December, 2022 in the online technical session organized by Department of Philosophy, Kurukshetra University, Kurukshetra. Hariyana
- Presented Research Paper titled “*Shrimadbhagavad-Gita ka pratipadya Bhakti Yoga: Shri Ramanujacharya*” at “National Conference on Ramanujacharya ki Samajika aura Darshanika Manyatayn” on 02/09/2019 at Hindu College, Department of Sanskrit Delhi University.Delhi-110007
- Presented Research Paper titled “*Shrimadbhagavad-Gita ke Anusara Yuva ke liye karma Yoga ka mahattva* ” at “National Conference on Yoga for Youth” on 21/06/2019 at Department of Yoga, Dr, HSG Central University, Sagar M.P.
- Presented Research Paper titled “*Shrimadbhagavad-Gita Samagra Prabandhana Shastra*” at “National Conference on Sanskrit Sahitya ka Vaishvika Paridrushya ” on 15-16/03/2019 at Ramjas College, Department of Sanskrit Delhi University.Delhi-110007
- Presented Research Paper titled “*Shrimadbhagavad-Gita Me Karmayoga ka svarupa*” at “National Conference on Multi-Dimensional Aspects of Sanskrit & Larger World” on 15-17/02/2019 at Department of Sanskrit, jamia millia islamia(Central University) New Delhi-110025
- Presented Research Paper titled “*Structure and Implication of Ashtadhyayi*” at “1st international Conference on Actuating Indic Studies for Better World (With imphasis on Sanskrit Philology and Ka:rmik Linguistics)” on 02-3/08/2018 at Amity School of Liberal Arts Amity University Haryana, Gurugram
- Presented Research Paper titled “*Rāmāyaṇa mein Kathā evam Upakathā kā swarūpa*” at “International Seminar on Post Independence Indian Literature and Culture” in September-2016.
- Presented Research Paper titled “*Vākyapaḍīya ke vīṣeṣa sandarbha mein dhruvamāpāye,pādānam sūtrastha dhruva pada vicāra*” at “ 3 days National Sanskrit Conference in March-2016.
- Presented Research Paper titled “*Syādvādvimarśa*” at “National Seminar on Saṁśayataducchedavāda ” in November-2015.
- Presented Research Paper titled “*Kāṛakatattvam*” at “Prathamam nikhilasamskṛtachātrasammelanam” in September-2012.

**Delivered lectures in Various Universities and Institutions
On Yoga Philosophy and Practices etc.**

- Indra Gandhi Institute of Physical Education & Sports Sciences (University of Delhi), Delhi.
- Lady Shri Ram College for Women (University of Delhi) Delhi.
- CENTRE FOR PROFESSIONAL DEVELOPMENT IN HIGHER EDUCATION (University

	<p>of Delhi)</p> <ul style="list-style-type: none"> • Guru Gobind Singh Indraprastha University, GGSIPU, Dwarka, Delhi, 110078 • UGC-Human Resource Development Centre, Jamia Millia Islamia University, Delhi, • Yoga education Department, HRDC centre, Dr. Harisingh Gour University, Central university, Sagar, Madhya Pradesh • UGC-Human Resource Development Centre Lakshmibai National Institute of Physical Education (Deemed to be University) Gwalior, Madhya Pradesh • UGC-Human Resource Development Centre, Himachal Pradesh University, Shimla, Himachal Pradesh • Yoga Department, Annamalai University Chidambaram, Tamil Nadu • All India Radio, New Delhi. • Shoolini University, Solan, Himachal Pradesh • Amity University, Noida, U.P. • ICCR (Indian Council for Cultural Relations) New Delhi, Delhi • Indira Gandhi National Centre for the Arts, New Delhi, Delhi • Delhi Sanskrit Academy, Jhandewalan, New Delhi, Delhi • Shri Lal Bahadur Shastri National Sanskrit University New Delhi, Delhi • Dr. B.R. Ambedkar University of Social Sciences BRAUSS, Dr. Ambedkar Nagar, Madhya Pradesh • Malviya Mulya Anushilana Kendra, Banaras Hindu University, Varanasi • Chhattisgarh Yoga Ayoga, Raipur C.G. • Haryana Yoga Ayoga. Haryana • Manav Rachna International Institute of Research and Studies University Faridabad, Haryana • Ministry of Heavy Industries, Government of India. • NBPGR, ICAR, New Delhi • Sam Global University, Raisen, M.P • Barkatullah Vishwavidyalaya Bhopal, M.P. • Career Point University, HamirpurHimachal Pradesh • Maharaja Vikramaditya Shodhpeeth Swaraj Sansthan, Bhopal, M.P. • UGC-HRDC centre Devi Ahilya Vishwavidyalaya, indore M.P. • UGC-HRDC centre Jamia Millia Islamia, central university, New Delhi • Hindu College, University of Delhi • Maitreyi College University of Delhi • Department of Sanskrit, (Hansraj College) University of Delhi • Indira Gandhi National Tribal University, Amarkantak, Madhya Pradesh • Pandit Sundarlal Sharma (Open) University, Bilaspur, Chhattisgarh
8. International Visits:	-----